

## SKILLS SURVEY

(Information obtained from Preparing Adolescents for Young Adulthood (PAYA), Handbook for Skill Development, Massachusetts Department of Social Services – [click here](#) to visit website)

Whether you are thinking about long-range career goals or a job to earn some extra spending money, you will probably enjoy what you are doing if you can put some of your natural talents and skills to work. Everyone has skills -- things that you can do well. If you know your skills, not only will you be able to pick a job you enjoy more, but you will be better able to sell your qualities to your employer.

**How many of the skills listed below are ones you have? *Circle your skills* (things you can do well).**

Typing	Drawing Pictures	Making Things	Fixing Things
Washing Dishes	Making a Sign	Dancing	Growing Plants
Painting a Room	Using Hand Tools	Selling Things	Driving a Truck
Making a Bed	Writing a Letter	Playing Football	Playing Basketball
Raising Animals	Using a Telephone	Swimming	Spelling
Shopping for Food	Reading Maps	Telling a Story	Acting
Caring for Children	Ironing Clothes	Cutting Hair	Arranging Flowers
Driving a Car	Reading a Meter	Being a Caddie	Helping Old People
Fishing	Mowing Lawns	Filing Papers	Chopping Firewood
Making Friends	Wrapping Packages	Managing a Club	Making Furniture
Memorizing Facts	Riding a Horse	Singing	Giving First Aid
Using Makeup	Tuning an Engine	Cooking	Lifting Weights
Riding a Bike	Doing Laundry	Knitting	Assembling a Model
Doing a Puzzle	Washing Windows	Playing Baseball	Repairing Radios
Repairing a Bike	Grooming a Pet	Skating	Giving Directions
Pumping Gas	Reading Aloud	Changing a Tire	Using a Calculator
Sailing a Boat	Serving a Meal	Hunting	Filling Out Forms
Operating a Cash Register	Taking Photographs	Making People Laugh	Teaching Someone How to do Something

**List any additional skills that you have:**